

NOVEMBER TO  
MARCH 2026

**NOURISH**  
GROW WITH US



**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**WEEK ONE**

3 Nov  
24 Nov  
15 Dec  
19 Jan  
9 Feb  
9 March  
30 March

Chicken Pie 1  
Pesto & Pea Pasta 1,7 V  
Jackets with a Choice of Toppings 7,8,9

Crushed Potato  
Cauliflower,  
Carrots

Strawberry Mousse 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Margherita Pizza 1,3,7 V  
Bean Biryani VG  
Jackets with a Choice of Toppings 7,8,9

Rainbow Pasta 1  
Seasonal Vegetables

Toffee Apple Pudding 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Roast Gammon & Gravy  
Broccoli Tots 1,7 V  
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes,  
Cabbage,  
Peas

Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Beef Bolognese Pasta Bake 1,7  
Loaded Bean Chilli Wedges VG  
Jackets with a Choice of Toppings 7,8,9

Green Beans  
Grated Carrots

Parsnip Brownie 1 VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8  
Vegetable Sausage VG  
Jackets with a Choice of Toppings 7,8,9

Chips,  
Sweetcorn, Baked Beans  
Cucumber Sticks

Oaty Cookie 1,15 VG  
Yoghurt 3,7  
Fruit Pots VG

**WEEK TWO**

10 Nov  
1 Dec  
5 Jan  
26 Jan  
23 Feb  
16 March

Caribbean Brown Chicken  
Tomato Spaghetti 1 VG  
Jackets with a Choice of Toppings 7,8,9

Rice,  
Carrots,  
Peas

Chocolate Ice Cream 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Tomato Pasta 1 VG  
Buffalo Cauliflower Wings  
& Wedges VG  
Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Plum Pudding 1VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Roast Chicken & Gravy  
Ratatouille Puff 1,3 VG  
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes  
Broccoli,  
Carrots

Crispy Cake 1,3,7,16  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Beef Stew & Dumpling 1  
Pesto Pasta Bake 1,7 V  
Jackets with a Choice of Toppings 7,8,9

Cauliflower,  
Green Beans

Apple & Cinnamon Pinwheel 1 VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Salmon Bites 1,8  
Margherita Pizza 1,3,7 V  
Jackets with a Choice of Toppings 7,8,9

Chips,  
Peas,  
Coleslaw 9

Marble Cookie 1 VG  
Yoghurt 3,7  
Fruit Pots VG

**WEEK THREE**

17 Nov  
8 Dec  
12 Jan  
2 Feb  
2 March  
23 March  
27 Oct

Macaroni Cheese 1,7 V  
Sweet Potato & Chick Pea Curry VG  
Jackets with a Choice of Toppings 7,8,9

Rice,  
Green Beans,  
Mixed Salad

Peach Crumble 1 VG & Custard 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Chicken Noodles 1  
BBQ Vegetable Burrito 1 VG  
Jackets with a Choice of Toppings 7,8,9

Sweetcorn,  
Peppers

Chocolate Rice Pudding 7  
Mr Nourish Biscuit 1 VG  
Fruit Pots VG

Roast Pork & Gravy  
Vegan Sausage Roll 1 VG  
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes,  
Green Beans,  
Carrots

Fruit Jelly VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Beef Cottage Pie  
Herby Tomato Pasta 1 VG  
Jackets with a Choice of Toppings 7,8,9

Seasonal Vegetables

Beetroot Cake 1 VG  
Mr Nourish Biscuit 1 VG  
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1,8  
Cheese, Carrot & Tomato Swirl 1,7 V  
Jackets with a Choice of Toppings 7,8,9

Chips,  
Peas, Baked Beans,  
Grated Carrot

Caramel Flapjack 1,7,15 V  
Yoghurt 3,7,  
Fruit Pots VG

Sr George Cathedral

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg  
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

**AVAILABLE  
DAILY**

