St. George's Cathedral Catholic Primary School

Executive Headteacher: Mr. C Andrew
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Wednesday 25th November 2026

Dear Parents and Carers,

We are writing to inform you that we have been made aware of three confirmed cases of Hand, Foot and Mouth Disease (HFMD) within our Early Years, Year 1 and Year 2 classes.

Hand, Foot and Mouth Disease is a common childhood viral infection that is usually mild and clears up on its own within 7 to 10 days. It is not related to foot-and-mouth disease that affects animals.

Symptoms may include:

- A sore throat
- A high temperature (fever)
- Loss of appetite
- Feeling generally unwell
- Small ulcers or blisters in the mouth
- A rash or blisters on the hands and feet, and occasionally on the legs, arms or bottom

The infection spreads easily through close contact, coughs and sneezes, and contact with contaminated surfaces.

To help reduce the spread of infection, we are:

- Reinforcing regular handwashing routines with pupils
- Increasing the cleaning of frequently touched surfaces and shared resources
- Encouraging good respiratory hygiene, including covering coughs and sneezes

We ask parents and carers to:

- Monitor their child for symptoms
- Encourage good hand hygiene at home
- Keep children well hydrated if they become unwell
- Inform the school if their child is diagnosed with Hand, Foot and Mouth Disease

Children with Hand, Foot and Mouth Disease do not usually need to be excluded from school or nursery if they appear well enough to attend. However, if your child has a fever or is feeling unwell, they should remain at home until they are fit to return.

At present, there is no cause for alarm, and the school is not required to inform parents, but we felt it was important to keep our school community informed. We will continue to monitor the situation and will provide any further updates if necessary.

Thank you for your support in helping us maintain a healthy school environment.

Kind regards

Mr C. Andrew
Executive Headteacher

Chief Executive of St. Benedict Catholic Academy Trust: Mr. Jonathan Ronan BA (Hons), NPQEL

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