



Monday 9th February 2026

Dear Parents and Carers,

RE: Dress to Express – Fundraiser for Children's Mental Health Week 2026

Children's Mental Health Week is taking place from 9-13th February 2026 and is an opportunity to shine a spotlight on and raise awareness of children and young people's mental health.

This year, we will be celebrating with a Dress to Express theme!

Children are encouraged to use color to express themselves by wearing a colorful outfit or an outfit of their choice. They can wear their favorite color or choose a range of colors that reflect how they are feeling. Outfits can be as wild and wacky as you like — it's a great chance to EXPRESS YOURSELF!

This could even be a fancy-dress outfit; we are sure we have some colorful superheroes out there!

Our Dress to Express Day will take place on Friday 13th February 2026. Please bring in £2 or more to go towards this wonderful charity and help us support children everywhere with their mental health.

We look forward to seeing everyone's amazing outfits while supporting such an important cause!

Yours Sincerely,

Mrs Chabvuka
Headteacher